

LUNCH

11 - 4 MONDAY - FRIDAY

SALAD

ADD CHICKEN \$5, SHRIMP \$7, AVOCADO \$3

GARDEN

Romaine, tomato, cucumber, red onion, balsamic vinaigrette

CAESAR

Romaine, pecorino romano, homemade croutons, Caesar dressing

MARY'S CHOPPED

Romaine, cucumber, tomato, red onion, roasted pepper, grilled chicken, balsamic vinaigrette

CHICKEN CLUB

Romaine, fried chicken cutlet, bacon, shredded cheddar, tomato, ranch dressing

PORT PEAR

Mixed greens, sautéed pears, goat cheese, walnuts, cranberries, raspberry vinaigrette

STACY

Mixed greens, fried onion strings, goat cheese, cranberries, walnuts, Italian vinaigrette

WRAPS

PLAIN OR WHEAT

CHICKEN CAESAR

Grilled chicken, romaine, pecorino romano, croutons, Caesar dressing

BUFFALO CHICKEN

Buffalo Chicken Tenders, lettuce, cheddar, tomato, blue cheese dressing

CAJUN SHRIMP

Grilled Cajun shrimp, avocado, cucumber, mixed greens, balsamic vinaigrette

AVOCADO BLT

Bacon, lettuce, tomato, avocado, chipotle aioli

CHICKEN BRUSCHETTA

Grilled chicken, red onion, tomato, fresh mozzarella, balsamic vinaigrette

CHICKEN BACON BOMBER

Fried chicken cutlet, bacon, cheddar, mozzarella, thousand island dressing

PANINIS

GRILLED CHICKEN

7 Grilled chicken, fresh mozzarella, tomato, roasted pepper, balsamic vinaigrette 11

GRILLED PORTOBELLO

8 Portobello mushroom, fresh mozzarella, tomato, lettuce, Italian vinaigrette 11

EGGPLANT CAPRESE

14 Fried eggplant, fresh mozzarella, tomato, roasted pepper, balsamic vinaigrette 11

CHICKEN CORDON BLEU

14 Fried chicken cutlet, ham, swiss, tomato, lettuce and ranch dressing 12

CHIPOTLE CHICKEN

11 Grilled chicken, avocado, cheddar, bacon, chipotle aioli 13

HEROS

CHICKEN PARMIGIANA

11

MEATBALL PARMIGIANA

11

EGGPLANT PARMIGIANA

11

CHICKEN BACON RANCH

13 Fried chicken cutlet, bacon, tomato, red onion, mozzarella, ranch dressing

10 MARY'S ITALIAN 13

MARY'S ITALIAN

Salami, provolone, ham, pepperoni, fresh mozzarella, roasted pepper, tomato, lettuce, Italian vinaigrette

10

CHICKEN CLUB

13 Fried chicken cutlet, bacon, lettuce, tomato, American, mayo

12

CHICKEN CAPRESE

13 Grilled chicken, fresh mozzarella, roasted peppers, tomato and balsamic vinaigrette

12

COMBOS

SOUP AND SLICE

11 Regular cheese slice 8

SOUP AND SALAD

11 Garden, Greek or Caesar 12

SOUP AND HALF HERO

11 12

SALAD AND HALF PANINI

11 Garden, Greek or Caesar 12

